

# Patient information for people with limited function of the hands

These instructions are exclusively intended for persons with limited hand function who need to conduct instillations into the bladder themselves by means of an adapter.



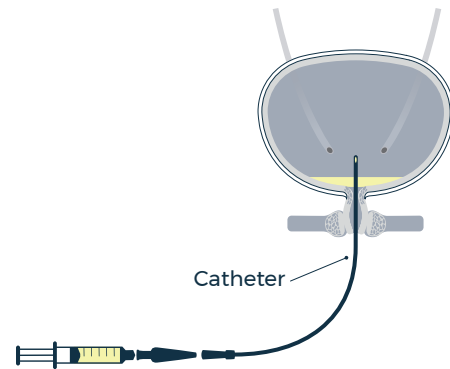
## Important information about the packaging: Optimisation of shape and separability

Quality means continuously improving. We work closely with our customers, partners and suppliers and regularly check how our quality is assessed by customers. We have received advice in recent weeks on how we can optimise our product packaging. This is valuable feedback for us that we have immediately addressed.

This means: In the first step, we optimised separability of the individual blisters from each other. Stronger perforation minimises the likelihood of damaging the film of the adjacent blister when opening one blister. Rounded packaging edges favour more comfortable handling in the future.

We are already working intensively on developing the packaging concept to further improve its application in the medium term.

## How does instillation work?



If your doctor prescribes a medicine for instillation in a pre-filled syringe, you will receive two prescriptions:

- one prescription for the **syringe** with instillation solution
- a second prescription for the **adapter** that connects the syringe to the catheter

## How do you prepare the instillation?

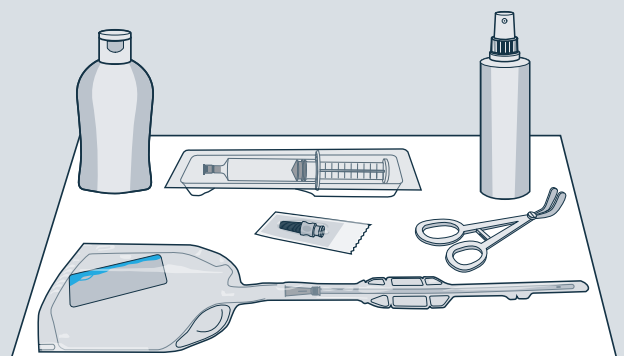
Have everything you need for instillation ready before catheterisation:

- Pre-filled syringe
- Handling adapter
- Disinfectant
- Catheters and other materials for catheterisation
- Optional: Catheter clamp and urine bag

Before instillation, the bladder should have been completely emptied via a catheter. Be careful not to touch the syringe and the adapter directly so that both remain sterile. We recommend that you prepare the syringe before catheterisation.



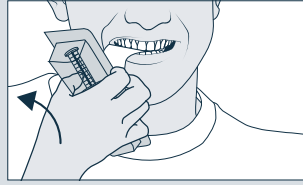
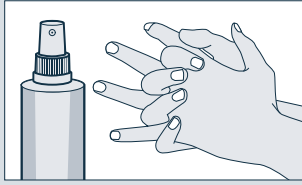
Should you have any further questions, please ring our **patient hotline on: +49 (0)221 791 014 160**  
Business hours: Mon.–Fri. 8 a.m.–6 p.m.



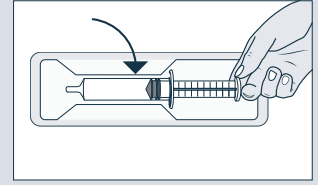
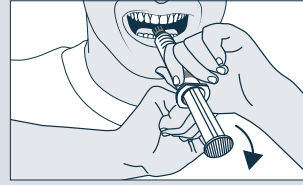
The following  
instructions can be  
found as a video at:  
[www.farco.de/en/adapter](http://www.farco.de/en/adapter)

# Instructions on handling the syringe and adapter

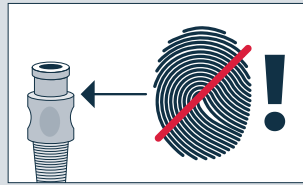
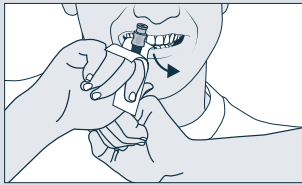
Please take care not to touch the adapter and the syringe cone with your mouth. There is an increased risk of infection, danger of swallowing and the risk of contents of the syringe entering the oral cavity when opening the syringe by mouth.



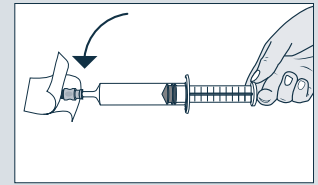
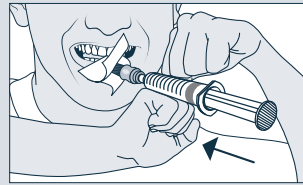
**1)** Disinfect your hands as indicated on the packaging of the disinfectant. Open the packaging of the pre-filled syringe at the point marked for this purpose by holding it with the tab facing upwards and pulling the packaging open with your teeth.



**2)** Take the pre-filled syringe out of the packaging. Remove the cap, then place the pre-filled syringe back into the packaging.

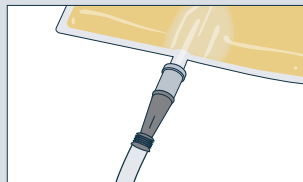


**3)** Open the packaging of the adapter halfway at the point marked for this purpose by holding it with the tab facing upwards and pulling the packaging open with your teeth. Be careful not to touch the adapter. Hold the adapter by the packaging in one hand and the syringe in the other. Loosely screw the two together.

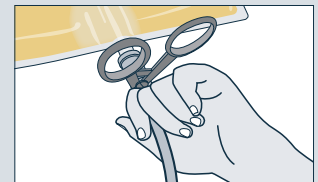
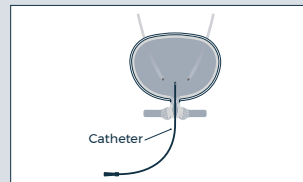


**4)** Hold the packaging with adapter and the pre-assembled syringe in your mouth so that you do not touch the open side of the packaging. Hold the syringe with both hands and screw it firmly onto the adapter. Next, put the syringe with the protected adapter aside.

**TIP:** If you were prescribed less than the amount in the syringe, inject out the unneeded amount before instillation.

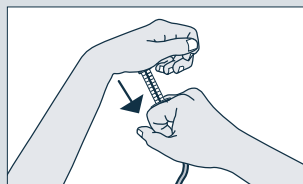
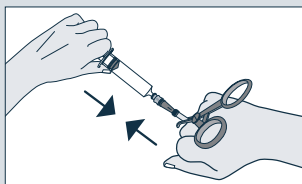


**5)** Start catheterisation. (Instructions can be found at: [www.farco.de/isk](http://www.farco.de/isk)). Empty your bladder completely using the catheter.

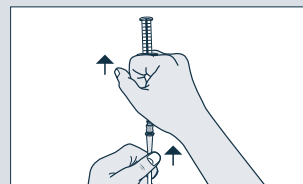


**6)** Make sure that the catheter is still in the bladder before you start instillation.

**TIP:** Clamp the catheter with a catheter clamp, remove the urine bag if necessary, and use the clamp to hold the catheter.



**7)** Take the pre-filled syringe out of the packaging. Connect the syringe to the catheter. Put everything on your lap and open the clamp with your thumb. Next, hold the syringe under the syringe wings and use the other hand to push down the plunger of the syringe.



**8)** Remove the pre-filled syringe together with the catheter for disposal. Unused medicinal product or waste material is to be disposed of in accordance with national requirements. For the sake of the environment, do not dispose of the medicines in waste water.

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